November Lunch



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 No School – Teacher Workshop Day	2
3	4 Chicken and Rice Hotdish, Broccoli, WG Dinner Roll	5 Soft Shell Tacos with Fixings, Rice, Corn	6 Beef Stew, WG Roll, Green Beans	7 Chicken Chow Mein over WG Rice, Carrots	8 Cheese Pizza, Side Salad	9
10	11 Sub Sandwich, French Fries, Fresh Veggies	12 Taco Soup, Butter Bread, Green Beans	13 Lasagna, Garlic Bread, Corn	14 Chicken Patty on a WG Bun, Tator Tots, Baked Beans	15 Cheesy Egg Bake, Hashbrown, Hardboiled Egg	16
17	18 Chicken Penne, Garlic Bread, Broccoli	19 Loaded Chicken Nachos with fixings, Black Beans	20 Chili, WG Grilled Cheese, Peas	21 French Toast, Sausage Patty, Hashbrowns	22 WG Noodles with Alfredo Sauce, Garlic Bread, Corn	23
24	25 Hamburger, French Fries, Baked Beans	26 Chicken Wild Rice Soup, WG Dinner Roll, Peas	27 Turkey, Mashed Potatoes, Gravy, Corn, WG Roll, Cranberries, Stuffing, Pumpkin Bars	28 No School	29 No School	30

Lunch is served with a choice of fat free or 1% unflavored milk for children in our ECE programs.

Children in K-6 will be given the option of either fat free or 1% unflavored milk, or fat free chocolate milk.

Water is also available. WG = Whole Grain Fruit will be served daily.